



Your cardiac CT will be scheduled at one of the below locations:

**Moses Cone Hospital**  
1121 North Church Street  
Greensboro, NC 27401  
(336) 832-7000

OR

**Kirkpatrick Outpatient Imaging Center**  
2903 Professional Park Drive  
Suite B  
Burlington, NC 27215  
(336) 586-4224

OR

**Alamance Regional Medical Center**  
1240 Huffman Mill Road  
Burlington, NC 27215  
(336) 538-7000

If scheduled at Moses Cone Hospital, please arrive at the Women's and Children's Entrance (Entrance C2) of Moses Cone Hospital 30 minutes prior to test start time.

You can use the FREE valet parking offered at entrance C (encouraged to control the heart rate for the test)

Proceed to the Moses Cone Radiology Department (first floor) to check-in and test prep.

*All radiology patients and guests should use entrance C2 at Moses Cone Hospital, accessed from East Northwood Street, even though the hospital's physical address listed is 1121 North Church Street.*



If scheduled at Kirkpatrick Outpatient Imaging Center or Alamance Regional Medical Center, please arrive 15 mins early for check-in and test prep.

**Please follow these instructions carefully (unless otherwise directed):**

Hold all erectile dysfunction medications at least 3 days (72 hrs) prior to test. (le viagra, cialis, sildenafil, tadalafil, etc) We will administer nitroglycerin during this exam.

**On the Night Before the Test:**

- Be sure to **Drink plenty of water.**
- Do not consume any caffeinated/decaffeinated beverages or chocolate 12 hours prior to your test.
- Do not take any antihistamines 12 hours prior to your test.
- **If the patient has contrast allergy:**
  - Patient will need a prescription for Prednisone and very clear instructions (as follows):
    1. Prednisone 50 mg – take 13 hours prior to test
    2. Take another Prednisone 50 mg 7 hours prior to test
    3. Take another Prednisone 50 mg 1 hour prior to test
    4. Take Benadryl 50 mg 1 hour prior to test
      - **Patient must complete all four doses of above prophylactic medications.**
      - **Patient will need a ride after test due to Benadryl.**

**On the Day of the Test:**

- Drink plenty of water until 1 hour prior to the test.
- Do not eat any food 1 hour prior to test.
- You may take your regular medications prior to the test.
- Take metoprolol (Lopressor) two hours prior to test.
- If you take Furosemide/Hydrochlorothiazide/Spironolactone, please HOLD on the morning of the test.
- FEMALES- please wear underwire-free bra if available, avoid dresses & tight clothing

**\*For Clinical Staff only. Please instruct patient the following:\***

**Heart Rate Medication Recommendations for Cardiac CT**

- **Resting HR < 50 bpm**
  - No medication
- **Resting HR 50-60 bpm and BP >110/50 mmHG**
  - Consider Metoprolol tartrate 25 mg PO 90-120 min prior to scan
- **Resting HR 60-65 bpm and BP >110/50 mmHG**
  - Metoprolol tartrate 50 mg PO 90-120 minutes prior to scan
- **Resting HR > 65 bpm and BP >110/50 mmHG**
  - Metoprolol tartrate 100 mg PO 90-120 minutes prior to scan
- **Consider Ivabradine 10-15 mg PO or a calcium channel blocker for resting HR >60 bpm and contraindication to metoprolol tartrate**
- **Consider Ivabradine 10-15 mg PO in combination with metoprolol tartrate for HR >80 bpm**

**After the Test:**

- Drink plenty of water.
- After receiving IV contrast, you may experience a mild flushed feeling. **This is normal.**
- On occasion, you may experience a mild rash up to 24 hours after the test. **This is not dangerous.** If this occurs, you can take Benadryl 25 mg and increase your fluid intake.
- If you experience trouble breathing, this can be serious. If it is severe call 911 IMMEDIATELY. If it is mild, please call our office.

- **If you take** any of these medications: Glipizide/Metformin, Avandament, Glucavance, please do not take 48 hours after completing test unless otherwise instructed.

**We will call to schedule your test 2-4 weeks out understanding that some insurance companies will need an authorization prior to the service being performed.**

**For non-scheduling related questions, please contact the cardiac imaging nurse navigator should you have any questions/concerns:**

**Sara Wallace, Cardiac Imaging Nurse Navigator  
Merle Prescott, Cardiac Imaging Nurse Navigator  
Moses Cone Heart and Vascular Services  
Direct Office Dial: 336-832-8668**

For scheduling needs, including cancellations and rescheduling, please call Brittany, 336-832-9038.